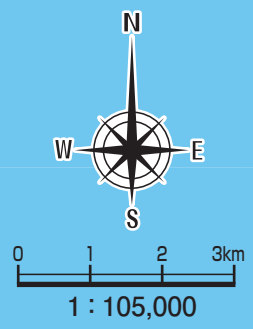つがる市全体図